

SCHEDULE

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY
JUNIOR STARS	3:30 - 4:30 PM		3:30 - 4:30 PM	
CHALLENGERS & FUTURES		3:30 - 5:00 PM		3:30 - 5:00 PM
JUNIOR PERFORMANCE		5:00 - 6:30 PM		5:00 - 6:30 PM
COAC ACADEMY	4:30 - 6:00 PM		4:30 - 6:00 PM	

**Make ups are not available for missed clinics. Charges are monthly, based on 1 or 2 day(s) attendance.*

REGISTRATION

Child's / Children's Name(s) _____

Evening Phone: _____

Parent's Email Address: _____

Parent's Name: _____

Child's Birth Date: _____

Please Mark Level: JUNIOR STARS CHALLENGERS
 FUTURES JUNIOR PERFORMANCE COAC ACADEMY

Full payment must accompany registration form. *Drop in and registration with less than 24 hours will be assessed a \$10 fee.

Child's Birth Date: _____

Child's Age: _____

Charge my: Visa MasterCard AMEX Discover

Address: _____

Account # _____

City: _____ State: _____

Expiration Date: _____

Zip Code: _____

Parent's Signature: _____

Daytime Phone: _____

Date: _____

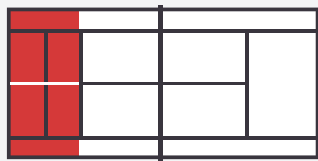
JUNIOR TENNIS CLINICS



To learn more or to sign up, contact Joey Grady - joey.grady@swellclubs.com.

JUNIOR TENNIS CLINICS

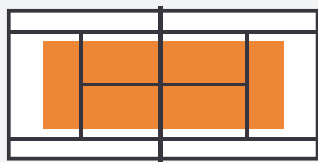
Our programs introduce tennis to children based on age, physical size, and ability. By modifying the court dimensions, equipment, net height, and scoring system, coupled with a play component, children develop better technical and point playing skills.



36' RED COURT

JUNIOR STARS | FUN, EXERCISE-BASED GAMES | AGES 6 - 8

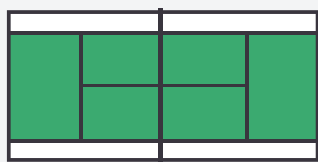
Players can sharpen their ABCs (agility, balance, and coordination) while beginning to develop more dynamic movement and footwork patterns that focus on sending and receiving. They'll also be introduced to topspin and underspin on both forehand and backhand strokes as well as the different grips used. Ability to intentionally place the ball short, deep, and side-to-side is crucial before graduating to the next level. Typically, this is the development stage with the greatest duration. **Red felt balls are used on 36' red court. Recommended 1 - 2x per week. Monthly: \$200 Members, \$240 Non-members**



60' ORANGE COURT

FUTURES | FUN, EXERCISE-BASED GAMES | AGES 8 - 10

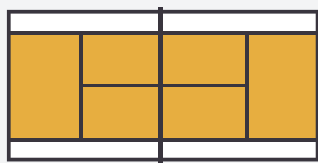
Players will utilize directional control, spin, and positioning to their advantage while also being able to consistently rally and cooperate with a partner. Being able to maintain proper technique during points and the ability to place ball in one serve is a necessity before graduating to the next level. **Orange balls are used on 60' orange court. Recommended 2x per week. Monthly: \$300 Members, \$360 Non-members**



78' GREEN COURT

CHALLENGERS | AGES 8+

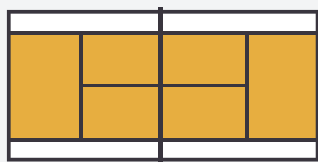
By this level, players are technically sound and tactically engaged. Players are beginning to determine their style of play and how it matches up with other styles. This class will incorporate both singles and doubles strategy and play. **Green balls are used on 78' green court. Monthly: \$300 Members, \$360 Non-members**



78' YELLOW COURT

JUNIOR PERFORMANCE | SPEED & AGILITY TRAINING | AGES 9+

Players will improve stroke mechanics, consistency, footwork, and anticipation. They will also learn sound match play tactics, improve match play performance with emphasis on footwork and conditioning, mechanics, mental toughness, and sportsmanship. **2x (4 hours) per week. USTA tournament play required. Monthly: \$300 Members, \$360 Non-members**



78' YELLOW COURT

COAC ACADEMY | SPEED & AGILITY TRAINING | AGES 13+

Players will improve stroke mechanics, consistency, and footwork. As the age of this class is typically older, there is more emphasis on point development and execution of match play strategies. This will prepare players for high school matches and USTA tournaments. **Monthly: \$300 Members, \$360 Non-members**

**Classes will be held in performance tent in the event of rain.*